



WELLNESS

BODY THERAPIES

EXPRESS BODY EXFOLIATION.....30 minutes · 55€

An exfoliating body treatment that will detoxify and revitalize your skin leaving it feeling soft, silky and smooth. You can enjoy this APIVITA treatment by itself to eliminate dead skin or as a preparation for a massage.



BODY DETOX.....60 minutes · 85€

The unique combination of an exfoliating massage with olive grains followed by a warm APIVITA'S face mask made out of green clay and essential oils with its nourishing antioxidants that will help to detoxify the body and tone the skin. The exclusive body massage acts on the main reflexology points and enhances the detoxification of impurities. The ideal treatment to purify body and soul.



QUEEN BEE BODY.....80 minutes · 115€

The “Queen” of all treatments, a youth elixir designed to use the exclusive ingredients from the beehives of APIVITA. The crystallized honey exfoliates the body whilst it hydrates and softens the skin. The luxurious massage that follows lulls your senses. This treatment also includes a facial massage with royal jelly that nurtures, rejuvenates and restores brightness and vitality even to the most impaired skins. This “sweet treat” enhances the texture of your skin and will grant you inner well-being.

FACIALS

CLEANSING & DETOX WITH GREEN CLAY30 minutes · 55€

The earth provides us this natural gift that is green clay, source of energy and all the principles of vitality thanks to its mineral salts and oligoelements. This majestic treatment is suited for oily and mixed skins; the clay is able to penetrate the pores to eliminate oil, toxic substances and impurities. It is a moment of relaxation that gives back skin its splendor, vitality and brightness.



HONEY TREATMENT30 minutes · 55€

Ideal for dry skin. This natural and regenerating treatment uses honey and royal jelly that provides an adhesive effect to create a uniquely exfoliating and moisturiser effect, sweet and intense; an irresistible pleasure.



DEEP FACE DETOX60 minutes · 85€

Recommended for those skins that need a deep cleansing, this treatment uses the beneficial properties of clay, purifying the skin and eliminating toxins and black spots. Rejuvenate the skin with the lymphatic massage of APIVITA, followed by a clay face mask that will restore the level of humidity to the pores. This treatment is suitable for all skin types.



WINE ELIXIR60 minutes · 85€

The healing properties of the grape are known to firm the skin and slow down the aging process due to wine's high antioxidant content. The blend of different techniques and effleurages, such as accupressure and lymphatic drainage characteristic of APIVITA activates the regeneration of the cells of your skin. A full face mask made from red wine will conclude this experience offering a natural lifting with immediate effects.

MASSAGES

RELAXING MASSAGE 30 minutes · 55€
50 minutes · 75€

This massage will alleviate muscle fatigue and will relax the entire body. The therapist will move at a slower pace and using a light pressure.



THERAPEUTIC MASSAGE 30 minutes · 55€
50 minutes · 80€

This invigorating massage utilizes greater pressure and slower strokes to reach the deeper levels of the muscles, releasing chronic patterns of tension that create painful conditions.



REFLEXOLOGY 30 minutes · 55€

Reflexology therapy is based on the treatment of the different parts of the body all of which are reflected in the feet. Through this technique we are able to relieve tension by stimulating with “acupressure” on the bottom of your feet on specific zones that mirror your entire body and organs. This therapy enhances your health being and restoring natural balance.



HEAD MASSAGE 30 minutes · 55€

This massage helps to increase the joint mobility and flexibility in the neck and shoulders, improving blood circulation and lymphatic flow, freeing knots of muscular tension, relaxing connective tissue, and helping in the elimination of accumulated toxins and waste products. It is particularly good for reducing the effects of stress and tension.

RESERVAS Y POLÍTICA DE CANCELACIÓN

Les recomendamos reserven sus tratamientos y masajes con al menos 24 horas de antelación.

Si desea cancelar o cambiar la cita de su masaje o tratamiento, les rogamos nos avisen con al menos 8 horas de antelación.

VIURA cargará el 100% de los tratamientos que se cancelen con menos de 8 horas o no-show.



RESERVATIONS AND CANCELLATION POLICY

We recommend that you book your treatments and massages at least 24 hours prior to the desired date.

If you wish to cancel or change the date of your treatment or massage, please inform us at least 8 hours prior the appointment.

In the case of no-show or cancellation within less than 8 hours of the appointment, Viura will charge 100% of the treatment or massage.



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